

BOOKINGS ARE BEING TAKEN NOW .PLEASE TRY TO BOOK AS EARLY AS POSSIBLE.

More Music and Songs-Brian Sullivan

Music session without instruments

September 28th

Hillcrest, Kirk Hallam 10am-12pm
Castle Court , Swadlincote 1-3pm

September 29th

Ripley CVS 10am-12pm
Brooklands, Bakewell 1.30-3.30 pm

September 30th

Red House, Chesterfield 10am-12pm
Whitestones Chapel En Le Frith 1.30-3.30 pm

Crafty Crafts-Lorna Keeling

Simple & satisfying crafts to make and do.

August 22nd Ripley CVS 10am-12pm
Brooklands, Bakewell 1.30-3.30 pm

September 12th

Red House, Chesterfield 10am-12pm
Whitestones – Chapel En Le Frith 1.30-3pm

October 31st

Hillcrest, Kirk Hallam 10am - 12pm
Castle Court , Swadlincote 1pm- 3pm

Activities in IT -Lorna Keeling

Gaining confidence in using IT at different levels

3rd October

Ripley CVS 10am-12pm
Brooklands, Bakewell 1.30-3.30 pm

17th October

Red House, Chesterfield 10am-12pm
Whitestones Chapel En Le Frith 1.30-3.30 pm

7th November

Hillcrest, Kirk Hallam 10am - 12pm
Castle Court , Swadlincote 1pm- 3pm

Guidelines to Art

Guidelines to art is a simple painting activity focusing on ability rather than inability. Non Artists leading non artists to happy outcomes

1st September The Dales, Repton
9.30-4pm

2nd September The Staveley Centre, Staveley
9.30-4pm

Two Day Certificated Course in Hand Massage

At the RITZ Adult Community Centre Matlock
Steep Turnpike, Matlock, DE4 3DP

Mon 5th December 9.30-4pm
Mon 12th December 9.30-4pm

BOOKINGS

To book any of these sessions please contact Cecilia Harris either by email;- cececececelia@aol.com or phone 01629 760127

More Cookery Tasters-Eddie Wariner

Safe & Simple cooking activities

10th October

Hillcrest, Kirk Hallam 10am - 12pm
Castle Court , Swadlincote 1pm- 3pm

14th November

Brooklands, Bakewell 1.30-3.30 pm

21st November

Red House, Chesterfield 10am-12pm
Whitestones Chapel En Le Frith 1.30-3.30 pm