

**FIRST TASTE** (Reg.Charity No: 1081567)  
c/o Ladygrove Mill, Two Dales, Matlock, Derbyshire, DE4 2FH  
Tel: 01629 733849 Email: [firsttaste@btinternet.com](mailto:firsttaste@btinternet.com) Website: [www.firsttastecharity.co.uk](http://www.firsttastecharity.co.uk)

**Order Form**

- 1) DVD “Where’er You Walk” (a film of sights & sounds to stimulate & soothe)
- 2) DVD “Food for Thought” (a reminiscence film about food)
- 3) CD “Music to Move” (chair based exercises with voice over by a physiotherapist)
- 4) CD “More Music to Move” (chair based exercises “ “ “ “ “ “ )
- 5) CD “Even More Music to Move” (chair based exercises “ “ “ “ “ “ )
- 6) CD “Yet More Music to Move” (chair based exercises “ “ “ “ “ “ )

Name .....  
(BLOCK LETTERS)

Organisation (if appropriate) .....

Address (BLOCK LETTERS) .....

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..... Post Code .....

Tel No. .... Email .....

1. DVD “Where’er You Walk” @ £10 per copy (incl P & P)	
Number of copies required .....	copies      £ .....
2. DVD “Food for Thought” @ £10 per copy (incl P & P)	
Number of copies required .....	copies      £ .....
3. CD “Music to Move” @ £8 per copy (incl P & P)	
Number of copies required .....	copies      £ .....
4. CD “More Music to Move” @ £8 per copy (incl P & P)	
Number of copies required .....	copies      £ .....
5. CD “Even More Music to Move” @ £8 per copy (incl P & P)	
Number of copies required .....	copies      £ .....
6. CD “Yet More Music to Move” @ £8 per copy incl P & P)	
Number of copies required .....	copies      £ .....

**No orders accepted without pre-payment**                      **TOTAL = £ \_\_\_\_\_**

Date .....

**All cheques should be made payable to “FIRST TASTE”**  
Orders should be sent with payment to: The Secretary, First Taste Office,  
c/o Ladygrove Mill, Two Dales, Matlock, Derbyshire, DE4 2FH