



Activities Training

MARCH 2012 Update

First Taste

Chinese Painting - Jan Scott

Gives an insight into the simplicity & beauty of Chinese water colour painting & suggest ways in which this technique could be used as part of an activity programme.

- March 14th** 10am-12pm Buxton Room,
Town Hall, Heanor DE75 7AA
- April 11th** 10am-12pm Castle Court, Swadlincote DE11 9HP
- May 9th** 10am-12pm Red House, Chesterfield S41 7JH
- June 13th** 10am-12pm Brooklands, Bakewell DE4 1AG

NEW Circle Dancing- Kath Kershaw

19th September 2012 9.30 -4.15 pm
The Whitworth Centre Darley Dale, DE4 2EQ
See attached flyer

Creative Script Reading – Tom Cheshire

Creative script reading making use of instruments, props and costumes.

- March 21st** 10.30-12.30pm Brooklands, Bakewell
- April 25th** 10.30-12.30pm Whitestones, Chapel-
En- Le- Frith
- May 23rd** 10.30-12.30pm Hillcrest, Kirk Hallam
- May 14th** 10.30-12.30pm Red House, Chesterfield
* rearranged session
- June 20th** 10.30-12.30pm Buxton Room,
Town Hall, Heanor, DE75 7AA
- July 11th** 10.30-12.30pm Castle Court, Swadlincote

THRIVE – Using Gardening to Change Lives

THRIVE Trainer

This training, on offer under the 'Gardening Choices' project, is for people who want or are already providing gardening activities for those with Dementia. The training can be tailored to the specific needs of those attending the day.

Thursday 28th June 2012 9.30-4pm
Staveley Care Centre
Calver Crescent, Staveley, Chesterfield, S43 3NQ

Refresher/Re-energiser Days

Cecilia Harris

An opportunity to refresh Chair based exercises, guidelines to art /poetry and to take part in "Ideas Forum" discussion groups to share ideas and successful projects.

August 1st & August 7th First Taste Office,
Ladygrove Mill, Ladygrove Road, Two Dales,
Matlock DE4 2FH

Basic Teaching Skills -Lorna Keeling

September 3rd 10am -3 pm

First Taste Office, Ladygrove Mill,
Ladygrove Road,Two Dales, Matlock DE4 2FH

Crafty Crafts-Lorna Keeling

Simple & satisfying crafts to make and do.

July 24th 10am-12pm First Taste Office,
Ladygrove Mill, Two Dales, Matlock DE4 2FH
August 16th 10am-12pm, First Taste Office,
Two Dales, Matlock DE4 2FH

Further IT - Lorna Keeling

Using social networks & blogs & following hobbies & interests on the net such as vintage cars &trains

- April 30th** 10am-12pm Red House, Chesterfield
- May 14th** 10am-12pm Brooklands, Bakewell
- June 14th** 1pm- 3pm Whitestones, Chapel-
* rearranged session En- Le- Frith
- July 12th** 10am-12pm Hillcrest, Kirk Hallam

Use of the Wii - Lorna Keeling

Using the Wii to its full potential including games, iplayer and photo slideshows

- May 14th** 1pm-3pm Whitestones, Chapel-
En- Le- Frith
- May 21st** 10am-12pm Buxton Room,
Town Hall, Heanor DE75 7AA
- June 18th** 10am-12pm Hillcrest, Kirk Hallam
1.30- 3.30pm Castle Court, Swadlincote

BOOKINGS

PLEASE TRY TO BOOK AS EARLY AS POSSIBLE
To book any of these sessions please contact Cecilia Harris either by email;-
cececececelia@aol.com
or phone 01629 760127