



First Taste

ENHANCING THE QUALITY OF LIFE FOR OLDER PEOPLE

Registered Charity No: 1081567
Patron: Rt. Hon Baroness Estelle Morris of Yardley

TRUSTEES' REPORT AND ANNUAL REVIEW

1st April 2015 to 31st March 2016



Our Mission:-

Celebrating and enhancing the quality of life for older people in nursing, residential and day care settings, principally but not exclusively in the Derbyshire Dales, by developing the skills of care staff, thus encouraging participation and involvement in the arts and stimulative interactive experiences



First Taste

c/o Ladygrove Mill

Two Dales, Matlock


Derbyshire DE4 2FH

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Website: www.firsttastecharity.co.uk

The Queen's Award for Voluntary Service awarded June 2009



*'It beats watching
telly all day'*

First Taste is a small, local charity operating principally, but not exclusively in the Derbyshire Dales. Started in 1997, it is dedicated to improving learning opportunities for frail, older people in residential, nursing and care settings. Helping care staff to be involved in the learning process to improve their stimulative skills and their understanding of the holistic needs of residents: social, emotional, aesthetic and intellectual, so that care staff can respond positively to these as well as to their physical needs



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Each Trustee has signified approval of this Annual Report and Review:
Shirley Davison, Fiona Marshall, John Simmons, Iris Wagstaffe, Michael Webb, John Billingham and Andrea Walker Patrick

Date of Review: 15 August, 2016



PERSONNEL

Patron The Rt. Hon. Baroness Estelle Morris of Yardley

Trustees

John Billingham	Hon. Publicity Support Officer
Shirley Davison	Hon. Chairman
Dr Fiona Marshall	Hon. Research Officer (appointed May 2015)
John Simmons	Vice-Chairman, Adult Care and Health Service Liaison Officer
Andrea Walker-Patrick	Hon. Educational Development Officer
Iris Wagstaffe	Hon. Secretary
Michael Webb	Hon. Treasurer

Local Authority Liaison Officers

Rob Moore	Derbyshire County Council, Adult Care Service
Nicola Wildgoose	Derbyshire Dales District Council, Arts Development Service

Tutors

Pauline Bloomfield	Arts, Crafts and Ceramics
Caroline Cook	Horticultural and Floral Work
Karen Herrick	Arts and Crafts
Ingo Herrmann	Arts and Crafts
Dan Ireland	Arts and Crafts
Lorna Keeling	IT, Arts and Crafts
Julie Nadin	Jewellery and Metalwork
Shyama Perera	Arts and Crafts
Tom Pilkington	Inter-active Music
Jan Scott	Horticulture, Floral Art, Drawing & Painting
Lester Simpson	Inter-active Music
Brian Sullivan	Inter-active Music and Reminiscence
Lindsay Trevarthen	Chair-Based Movement
Ian Weatherley	Volunteer Tutor—Inter-active Music

Projects Co-ordination

Cecilia Harris	Social Care and Training Manager
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Website Design & Maintenance

Fatmir Iseni

FOREWORD BY RT HON BARONESS ESTELLE MORRIS



As First Taste approaches the end of its second decade, its commitment to help improve the quality of life for older people in care settings and day centres is stronger than ever. The demand for our activities has increased as the population ages and we all learn more about the needs of people with conditions like dementia.

A striking part of our work this year has been the contribution of young people. We have supported a project which has brought together students from Dronfield School with residents from a neighbouring care home so they can master how to use an iPad. A second home has now joined the project which must make Dronfield one of the most IT literate towns amongst the elderly population!

Highfields Secondary School in Matlock continues its Community Action Project with Tansley House care home and younger pupils from Darley Dale Primary School have joined together with residents from near-by Longmeadow Home to work together on arts activities as well as re-designing a patio area at the home.

All these activities centre on arts, creativity and technology but the benefits extend so much wider. Watching and listening to the young people talk and laugh with the older residents is evidence of co-operation between the generations. Real friendships develop and everyone, young and old, becomes a learner.

We have been grateful to Derbyshire County Council for their financial support and encouragement for this inter-generational work at a time when many of their budgets have been cut. Our flagship programme, which trains staff in County Council Care Homes will stop as the present funding ends. We understand the very real pressure on the Council in terms of the resources it has available to support voluntary organisations but we very much hope that we may be able to re-start the programme at a future date. Our experience has shown us that training the staff who work with elderly people is the best way of improving support and opportunities for residents.

For this reason, we are delighted that we have been able to launch a pilot programme, 'Movement for Health,' which will train care staff in three homes in Dronfield to use chair-based activities as exercise and stimulation for their Residents. This project has been funded by North Derbyshire Clinical Commissioning Group.

First Taste has long wanted its activities to be the subject of high quality external research and we are delighted that this is now being carried out by Dr. Fiona Marshall, We await the results with interest.

This year has also seen the launch of our fourth chair-based exercise CD, 'Yet more Music to Move' and we hope it follows the success of the previous CD's

First Taste relies on the funding it can secure and the people it can attract to deliver its programmes and administer the Charity. Like most charities, we find it increasingly difficult to secure public sector funding and applying for grants is more competitive than ever. This makes the contributions from those who are still able to fund us, more important than ever. The President of Bakewell Rotary Club chose First Taste as one of his charities and we continue to receive support from local charities including AgeUK Derby & Derbyshire, Foundation Derbyshire & the Ernest Bailey Trust.

I am constantly amazed by the people who turn the vision of First Taste into action on the ground. Cecilia Harris, our Social Care Training Manager and her team of tutors change lives every day though the work they do with First Taste.

Our trustees, led by Shirley Davison, not only make sure we are clear in our purpose and are financially responsible but 'roll up their sleeves,' for whatever other task needs doing. We also continue to be lucky to have Iris Wagstaffe as our administrator. She continually gives beyond what any charity can reasonably expect and we are very grateful to her.

First Taste would love the work that we are able to do locally in Derbyshire Dales and across Derbyshire, to become a nation-wide programme. The financial situation in the country doesn't make this easy at the moment but we will continue to respond to local needs where ever we can and share our experiences as widely as possible.

I feel very privileged to be the Patron of First Taste. It is truly an imaginative, innovative organisation that delivers an important service to some of our most vulnerable citizens. I extend my thanks to everyone who makes this possible.

Estelle Morris

**Tansley House Spring Fair and
formal launch of new minibus
Spring Fair 2015**



REPORT ON THE YEAR'S ACTIVITIES

General Statement

First Taste has been in existence for 19 years by the end of March 2016 and has operated as a registered charity since July 2000.

The Trustees are responsible to the Charity Commission for compliance with relevant legislation, for raising funds and for applying them in an efficient and effective manner, solely in pursuit of its aims and objectives.

Baroness Estelle Morris of Yardley kindly accepted an invitation to become our Patron in September 2006 and has taken a close and proactive interest in our work.

We welcomed new trustee; Dr Fiona Marshall in May 2015. Fiona will support research for the Charity's activities and is studying the Chair-Based Exercise Programme in some homes in Dronfield.

The Board has met formally on four occasions during the year and informally on many others. Trustees continue to promote the work of First Taste in many locations before appropriate audiences.

The Charity's work has again been recognised nationally and we continue to feel that it is especially important to enable homes and the care industry to be aware of, understand and respond to, the holistic needs of frail, elderly people in care

settings. This is especially important in these continuing financially challenging times. We continue to concentrate on developing the skills of care staff which we are sure will lead to enhancing quality of care. Inter-generational work continues to be developed and to prove invaluable to schools and homes.



***Bakewell Day Care Centre
Mini well-dressing***

Accommodation

The Trustees are appreciative of the interest and support of Sebastian Perez, owner of Ladygrove Mill, for his support in facilitating our administrative base where we do have a small meeting room. This enables us to hold Trustee and other working group meetings in our own premises. For events requiring more space we hire rooms at the Joseph Whitworth Centre at Darley Dale and use care homes across the county.

Policies and Procedures

The Trustees review the Trust's policies and procedures annually and make changes where necessary in the light of legislative and recent court decisions. The risk register is

also reviewed annually to ensure the main risks threatening the delivery of the Trust's objectives are identified and prioritised and that effective mitigations are identified and implemented. The Trustees have also paid due regard to the Charity Commission's Public Benefit Guidance.

Promotion

A new publicity leaflet, kindly funded by North Derbyshire Voluntary Action, was launched in Spring 2016 and is proving a very useful resource in promoting the Charity's work.



Our website:

www.firsttastecharity.co.uk which was first built for us in 2006 by the then youngest volunteer, Fatmir Iseni, aged 16, continues to be managed and updated voluntarily by Fatmir. It has proved an essential tool in promoting the work we do.

Annual Report:

Our re-designed Annual Report of last year has proved an excellent development and has given another useful resource in publicising our work. We are very grateful to Janet Smith of Derbyshire Dales CVS who worked hard to achieve this new format for us.

Training for Personnel and Wider Training

Conferences, Events and Seminars

- ◇ **8th May 2015**
I Pad training course - "Using I Pads Creatively with Older People" attended by Cecilia Harris & Ingo Herrmann at Nottingham City Arts
- ◇ **18th May 2015**
"Creativity & the Ageing Brain" seminar attended by Cecilia Harris at Nottingham City Arts
- ◇ **8th July 2015**
"Imagine-Digital Training" attended by Cecilia Harris & Ingo Herrmann at Nottingham City Arts
- ◇ **1st December 2015**
Derbyshire Learning & Development Consortium AGM at Alison House, Cromford
- ◇ Shirley Davison attended the regular meetings of North Derbyshire Voluntary Action in Bakewell Agricultural Business Centre
- ◇ Iris Wagstaffe represented First Taste on the steering committee meetings of Matlock & Surrounding Communities 50+ Forum
- ◇ Dronfield2Gether Initiative - John Simmons represented First Taste at the meetings of this group in Dronfield.
- ◇ John Simmons is actively involved in a wide range of county wide, regional and national bodies concerned with older people issues where he has been able promote First Taste's work.

The Chairman, Vice-Chairman, Secretary and Trustee Dr Fiona Marshall have met with senior members of Derbyshire and Nottinghamshire Health Services and Universities to promote First Taste's work and explore further ways of liaising and co-operating with older people in care settings with health and social care needs.

Valuable work was developed by Dr Fiona Marshall with Sheffield Medical School when three third year medical students had placements for a month in November/December 2015 at homes in the Dronfield area. This proved very successful with the medical school hoping to continue such placements in the future.

Statements relating to Funding:

Bakewell Rotary Club's President chose First Taste as one of the charities he wished the club to



support during his year in office. The proceeds of a Golf Tournament in September 2015 assisted the funding of First Taste's latest chair-based exercise CD "Yet More Music to Move".

Funding from Derbyshire County Council Intergenerational Service for:

a) Developing Community Action

Project at Tansley House Care Home and Highfields School, Matlock during the Summer 2015

b) "VOYAGE" (Valuing of Youth & Age) - to the residents of Meadow Grange Home and the students of the Henry Fanshawe School in Dronfield during the Winter 2015 and Spring 2016

c) Festive Arts & Crafts Project at Longmeadow Home with Darley Dale Primary School Autumn 2015

Funding from a variety of funders to support DIG (Developing Interactive Gardens) Project at Longmeadows Home with the children from Darley Dale Primary School from February 2016 which will run



until July 2016

DIG Project

Funding from Derbyshire County Council Adult Care Services for:

a) programmes of inter-active creative arts workshops to the members of day care centres across Derbyshire Dales from

with care staff from six Derbyshire County Council homes and resource centres from Spring 2015 to continue until the end of September 2016 with further Derbyshire County Council establishments

The CD's and DVD's have been produced to help older people with dementia and are available to purchase from the First Taste office

Further information at:
<http://www.firsttastecharity.co.uk/shop.html>



Resources:

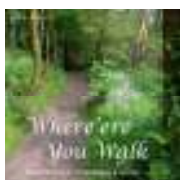
TOPIC themed information packs for all subjects are available and are used at all First Taste workshops delivered to older people in care settings.

Our three chair-based exercise CD's continue to be widely purchased and well used, to be joined by a 4th CD. "Yet More Music to Move" in May 2016.



This new CD has been specifically produced for work with older people in care settings with dementia, but can be used by other groups and individuals. It features tunes from very well known musicals, played on piano, and can also be used to provoke memories.

Our two reminiscence DVDs 'Where'er you Walk' and 'Food for Thought' have proved very welcome resources for care staff to use in memory work with older people, especially those with dementia.



Intergenerational Projects:



Voyage 2 Project

This intergenerational project was between the students of Henry Fanshawe School and the residents of Meadow Grange Nursing Home. Developed from the Dronfield2gether community initiative to encourage volunteering and community engagement from across the Dronfield community. This commenced in November 2015, with an introductory session at the school on dementia and sensory loss.

Funding was successfully sought by First Taste for the equipment, which is comprised of 4 ipads a laptop, large keyboard & printer, a tutor and management of the project. The aim was to introduce ipads & technology to the residents of 'Meadow Grange'. The students were very enthusiastic and caring in their delivery and the residents responded very positively.



Relatives were very surprised and pleased to see their parents using ipads.

The students who attended were awarded with volunteer awards which were presented by Baroness Estelle Morris at a celebratory event at the school.

The Green - Extension project

After a very successful initial project between the students of Henry Fanshawe School and the residents of The Green, Dronfield, last year, funding was sought to extend this project for a further six weeks. The project was called 'Technology and Creating Art'

Different apps were used to create art on the iPads with easy touch screen prompts. They were also used to access favourite poems and excerpts from books. The 'stop Motion' app was introduced which allows the production of short movies.

After the funding ceased, the project continued between the school and the home on a weekly basis, the equipment has been left in the home to enable these sessions to continue and are on a long term lease.

Tansley House Voyage – Developing Community Action

This Intergenerational project was collaboration between year 10 students from Highfields School, Matlock and the residents of Tansley House. It was a small project consisting of six sessions at which



products were made to sell at The Tansley House annual Spring Fair. This work went

towards the Princes Trust Community Action award for the students. The initial session was divided in two parts, one was delivered at the school and the second part at the Home. The students were given an introduction on age related disorders and dementia and then discussed the project and what they would like to make, the residents were then introduced to the project and gave their suggestions on products they could create together. They chose to make scented bags, greeting cards, paper hedgehogs and Origami butterflies (made out of books), and decorated and planted plant pots.



The participants from the school and the home were all very industrious and enjoyed the interaction as well as the task.

The students were from the inclusion unit and normally find social situations difficult but all appeared very relaxed with the residents and participated well. The items were sold at the Spring Fair to raise money for the garden to be landscaped.

"Staff were surprised at the level of concentration the residents had shown through the session"

The fair was opened by First Taste's Patron, Baroness Estelle Morris

Creating Rich Environments in Care Settings



This project is funded by Derbyshire County Council and is in its second year. It delivers holistic training for staff and residents in the county council homes across Derbyshire.

Each home receives six training sessions based on the needs of the individual home. The programme started in October 2014 and has been delivered to many homes now across the county.

We are currently focussing on the new dementia centres, Lacemaker Court at Long Eaton, Florence Shipley at Heanor, Meadow View at Darley Dale and are delivering sessions at The Stavely Centre again.

During the past year we have worked with Beechcroft, Goyt Valley House, Rowthorne, Holmlea, The Grange, Ada Bellfield, Ashbourne Day Services, Hasland RC, New Bassett House, East Clune, Thomas College House.

A tutor or trainer delivers sessions to the residents and staff on a specific subject. The staff are then left with resources and information to enable them to continue with the sessions after the project has ended.

“Can’t wait to use these ideas with the residents”

Many of the new dementia centres have chosen Hand Massage as

their project. This has involved the staff attending a one day training session. The follow up sessions are attended by the First Taste Programme Manager, who supports the staff to create a therapeutic space/room, create folders for each resident & deliver hand massages to individuals. This has been very successful and one of the benefits has been that it enables the staff to have a positive 1:1 with individuals and can be done over a long period or in a quick five minute space if staff are busy, with beneficial results.



*“Very enjoyable informative day - so relaxed I nearly fell asleep”
(hand massage training)*

Other homes have had Music, Melody & Movement, Qingong, Literary Arts and an introduction to I.T. We have recently introduced ipads & have been using an app that enables residents to collate their life stories. This

“We will definitely purchase two ipads now for this centre”

has been popular as the residents can speak into the ipad and record their own voices relating stories from their, past or this can be done by staff

supporting them to search for places they know for example their schools, work-places, churches they attended.

Henry Fanshawe



School

These can be screen shot and placed in their life stories.

One relative was so taken by it that she bought an ipad and continued recording her mum's story and also other residents. She also used it to keep a story on the work they were doing in the garden.

One resident who initially said that she couldn't be expected to remember things from her childhood surprised herself with her recall of primary and secondary school memories, prompted by pictures of schools.

Chair-Based Exercise Dronfield

The aim of this project, funded by the North Derbyshire CCG is to research the effects of regular delivery of 'Chair-Based Activities to people living in residential homes in Dronfield.

Staff from four homes—Brookview, Meadow Grange, Stonelow Court and The Green were selected to attend a five day accredited course in chair-based exercise to enable them to competently deliver sessions at their respective homes. This was

delivered by Age UK's Strictly No Falling Team.



They were supported by staff from First Taste during the training to help build confidence and support delivery.

One member of staff was unable to complete the training. The staff from

the other three homes successfully completed their training and are currently delivering sessions regularly.

Paperwork was devised by First Taste's Trustee & Research Advisor to monitor the response of the residents both during the sessions and throughout the week. Contenance, medication levels, general wellbeing and overall mobility are currently being monitored. The staff are still supported by First Taste and by Age UK's Strictly No Falling Team. The completed paperwork is collected monthly and regular meetings are held with the staff delivering the sessions and their managers to monitor progress.

There have been many excellent results so far especially in the home that delivers three sessions a week. The staff are all adding progressions to the sessions now and residents are very keen to participate. One resident never comes out of his room but attends all three sessions weekly and puts his shorts on and trainers and is always waiting eagerly. At another home they are currently adding a 'sit to stand' technique and a resident who hasn't stood for years is now standing.



**Programme of stimulative workshops,
funded by DCC Adult Care Service, to
older people attending Day Care Centres**

ANALYSIS OF WORKSHOPS: 1st April 2015 to 31st March 2016		
Day Centres (Workshops directly to members of the Centres)	Location	Integrated Arts
Bakewell Age Concern Day Centre – 4 groups	Bakewell	22
Caroline Court Day Centre – 3 groups	Hope	15
Ashbourne Centre - 3 groups	Ashbourne	10
Hulland Ward Day Centre – 1 group	Hulland	14
Wirksworth Day Centre - 2 groups	Wirksworth	10
TOTAL SESSIONS		71

**First Taste’s Educational
Development & Monitoring
Officer’s Report:**

The Education Advisor & Development Officer continues to make observational visits to care homes/day centres with reportage to trustees; taking care to note that the TOPIC aims and objectives are still maintained.



Every care establishment and First Taste Tutor involved in a current First Taste Arts Educational Programme is scheduled to be visited by the officer at least once a year. In the event of the officer being unable to make a visit, First Taste Chairman Shirley Davison volunteers for the duty. It is a

pleasure to report that the outcomes of the workshops are to a high standard.

The professionally developed programmes are well received by both staff and the older people.

During March 2015 the Education Advisor Trustee played host on behalf of First Taste Charity to a Dutch colleague, whom she met whilst attending a EU conference which was held at the University of Ireland. Karolein Dons was, at that time attending the Prins Claus Conservatoire Groningen and was making a study of the influence of music with older people suffering from Dementia. A visit was made to Hulland Ward Day Centre where

music tutor Tom Pilkington led a music workshop to TOPIC aims objectives and outcomes standard. Karolein took a detailed observation report back to The Netherlands.

 *used to sing in the church choir, lovely to do it again* 

The Prins Claus Conservatoire now sends regular email updates about their musical programmes and their findings about the impact with older people. We are delighted that our ambassadorial role is now extending far afield.

All the programmes delivered during 2015 – 2016 have been in keeping with the First Taste policies and aims i.e. educationally based, stimulating, professionally delivered and informative.

Future Prospects

First Taste is a small charity and its work is restricted by the Trust Deed principally, but not exclusively, to the large and predominantly rural area of the Derbyshire Dales. Nevertheless, the charity continues to have a much wider impact on enhancing the quality of life for a sector of society largely overlooked in educational and stimulative terms. The charity is bringing the problem to the attention of the wider public and to those in authority, locally and nationally. This is happening through our workshops, through our training of care staff, the model of practice we have developed and through our liaison with authorities and agencies at

county, regional, national and international levels.

The continuing difficult financial situation is proving extraordinarily challenging for our small organisation to effectively plan ahead. We appreciate and are grateful for the support we have received over the years from Derbyshire County Council and we do understand the constraints on the statutory authorities such as local authorities and health services. Nevertheless the reality of endeavouring to bring about the profound and real changes that most people wish to see in improving the quality of care for frail older people, especially so many with dementia, is very difficult when working within a year on year, or less, funding and financial situation.

As the national financial picture relating to funding within the voluntary sector continues to be challenging it is extremely difficult to see ahead and we are somewhat fearful for First Taste's future after over 19 years of innovative work for one of the most excluded sections of society .

We are constantly asked for information about the work we do from all sectors of society; from individuals who are concerned about the lack of stimulation their loved ones receive in care, to government departments wanting responses to consultation documents. All seem to recognise that there needs to be a cultural

all involved in caring, that physical care, though obviously vital, is not enough.

This is why we seek to develop the skills of the all important care staff, many of whom are aware of the need and are anxious to increase their level of understanding.

Funding from North Derbyshire Clinical Commissioning Group together with practical support from Age UK Derby & Derbyshire, through their 'Strictly No Falling' initiative, for a chair-based exercise project in three homes in Dronfield to occur between late summer 2015 and November 2016. This will allow homes' care staff to gain the nationally accredited CBE qualification to lead chair-based exercise programmes for residents in their homes. Trustee, Dr Fiona Marshall with project leader, Cecilia Harris are undertaking a research study to examine the benefits and outcomes of the work will run alongside this project.

We are also hoping, if funding bids allow, to further extend our VOYAGE (Valuing of Youth & Age) project to develop more intergenerational initiatives introducing the new technologies to more older people in care homes. Additionally we wish to extend our intergenerational work to involve children from primary schools.

We hope to develop through Dr Fiona Marshall further links with Nottingham University Institute of Mental Health.

Acknowledgements

First Taste would like to thank all participating care establishments; not only for their financial contributions, but also for the great help and encouragement they give us.

We do understand the physical constraints of their work and their continuing financial difficulties and we are most grateful for their support.

We deeply appreciate the help given by officers of Derbyshire County Council's Adult Care Services, the Treasurer's Department's Insurance Service and the help of their Intergenerational Project Manager, Derbyshire Dales District Council's Arts Development Service and the generous time and advice given by Derbyshire Dales Council for Voluntary Service and North Derbyshire Voluntary Action. These are all invaluable to our work.

We have had extensive support, from statutory bodies for education, social care and health and other charitable trusts, Such help, and that from voluntary organisations, businesses and individuals, is invaluable. We would be unable to deliver our programme to care establishments, staff and residents without the assistance of all these



TREASURER'S REPORT

Summary of Receipts and Payments (2015-16)

INCOME		EXPENDITURE	
Derbyshire County Council	49,220	Creating Rich Environments	33,162
North Derbyshire CCG	4,650	Stimulative Sessions in Day Centres	6,025
North Derbyshire Voluntary Action	2,280	Chair-Based Exercises	2,460
Derbyshire Dales District Council	2,020	Valuing of Youth & Age	4,346
Bakewell Rotary	2,162	Developing Community Action	1,687
Other Grants	1,493	Rent/Room Hire Management & Administration	2,340
Donations	671	Other Projects	2,320
Contributions from Homes	2,300		
Miscellaneous	4,079		
			55,814
		Surplus of Income over Expenditure	13,061
	68,875		68,875

At the Financial Year-End, Bank Balances totalled £47,047, of which £40,581 was held in Restricted Funds for use in 2016-17. This included £26,898 for work commissioned by Derbyshire County Council in their own establishments and £6,337 for our Stimulative Sessions in Day Centres.

Reserves Policy

The Trustees have determined that sufficient reserves are maintained to ensure the future operations of the charity. It is currently considered that an amount equivalent to one year's operating costs should be maintained.

Michael J Webb, ACIB
Honorary Treasurer

SUPPORTERS (past & present) OF FIRST TASTE

Age UK Derby and Derbyshire (Strictly No Falling Programme)
Arkwright Lodge of Freemasons
Bakewell Rotary
Barchester Foundation
Coventry Diocesan Board
Derbyshire County Council Adult Care Service
Derbyshire County Council Community Leaders Fund
Derbyshire County Council Cultural and Community Services
(Libraries & Heritage Division)
Derbyshire County Council Education Service
Derbyshire County Council Intergenerational Service
Derbyshire County NHS Trust
Derbyshire Dales Council for Voluntary Service
Derbyshire Dales District Council Arts Development Service
Derbyshire Dales Local Projects Fund & Waste Recycling Fund
Dr. Jennifer Bute
East Midlands Arts Council
Ernest Bailey Trust
Esmee Fairbairn Foundation
Foundation Derbyshire
Grand Provincial Lodge of Derbyshire Freemasons
Headley Trust
Highfields School, Matlock
Institute of Lifelong Learning, Leicester University
Matlock Rotary Club
National Association for Education and Ageing
National Institute of Adult and Community Education
National Lottery
Nationwide Building Society
North Derbyshire Voluntary Action
Pat Hancock's Legacy
Private & Anonymous Donors
Sebastian Perez
St Elphins Village Residents Association

Further copies are available on our website: www.firsttastecharity.co.uk or from the Secretary at the First Taste Office, c/o Ladygrove Mill, Two Dales, Matlock, Derbyshire, DE4 2FH Tel: 01629 733849



First Taste

